

**Is your Computer running slow?** Follow these processes to improve your computer's performance.

## I. Clean all Temporary Files

1. Quit any actively open Mac applications.
2. Press "**command+space**".
3. Type in "**temp**". Under **FOLDERS** click **temp**.



4. Press "**command+A**" to select everything.
5. "**Control+trackpad/mouse click**" and click **Move to Trash**.

## II. Clean your Desktop by putting old files into the Trash

1. "**Control+trackpad/mouse click**" on item(s) and click **Move to Trash**.

## III. Empty Trash

1. "**Control+trackpad/mouse click**" on the **Trash** icon and click **Empty Trash**.

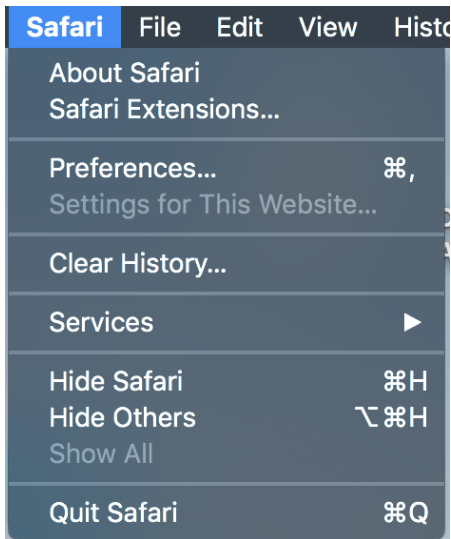


## IV. Delete Internet Cache/Cookies on your Browser (Safari, Chrome, Mozilla Firefox)

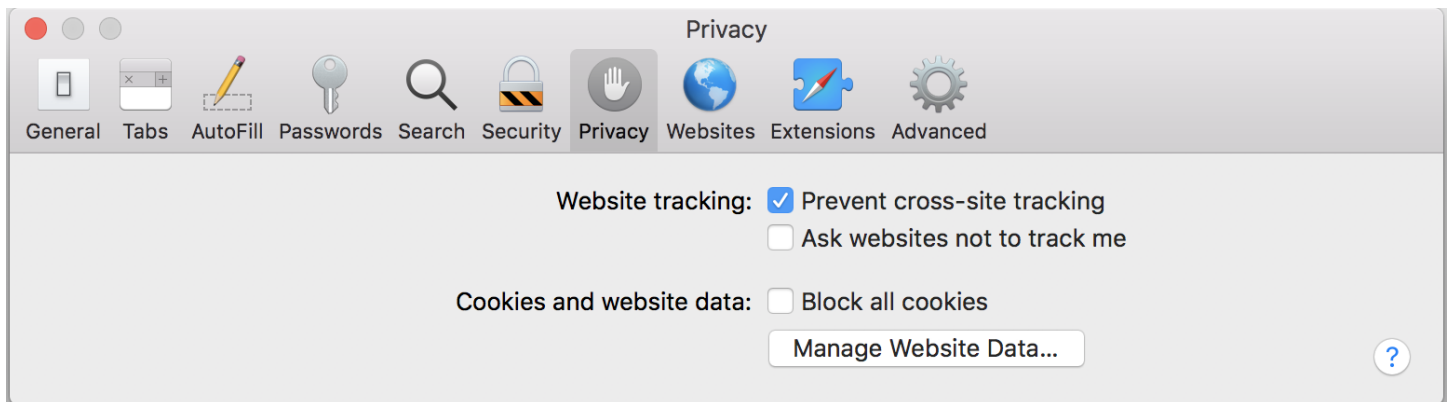
### A. Safari

1. Open up Browser.

2. Click **Safari** in the upper left-hand side of your screen. In the menu that appears, click **Preferences**.



3. In the window that appears, click the **Privacy** tab. Click the **Manage Website Data/Remove all Website Data** button.




4. Click **Remove Now** in the pop-up window that appears.


## B. Chrome

1. Open up Browser.
2. Press "**command+shift+delete**".
3. Click the button **Clear Data**.

## C. Mozilla Firefox

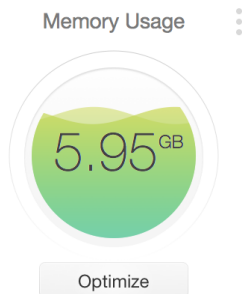
1. Click the menu button  and click **Preferences**.
2. Select the **Privacy & Security** panel.
3. In the **Cookies and Site Data** section, click the **Clear Data** button.
4. Click the **Clear** button.

## V. Download Dr. Cleaner

1. Download Dr. Cleaner in the Apple App Store: [Click Here](#)
2. Click where it says  (percentage might differ) in the top right toolbar of your screen.
3. Under **“Junk Files”** click the **Clean** button.




4. Under **“Memory Usage”** click the **Optimize** button.



## VI. Check for Updates

1. Click the App Store icon.

2. Click  at the top.
3. Update Apps/System as needed.