

INTRO TO ETHICAL HACKING

MIS 5211.701
Week 1
Site:
<http://community.mis.temple.edu/mis5211sec701fall2018/>

Introduction

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Course Elements

Item	Weight
Analyses Reports (3)	30%
Discussion Questions	15%
Participation	10%
Quizes	15%
Exams	30%
	100%

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Passing This Course

- ❑ Make sure you post and comment in the blog.
- ❑ You'll spend hours on coursework, but it's most important how productive those hours are.
- ❑ Complete assignments on time.
- ❑ If you have a conflict or issue with meeting a particular deadline, talk to me before hand.

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4

About the Course

- ❑ Our focus will be to provide you with an understanding of the process involved in penetration testing and the primary tools sets used
 - Organized around the workflow of a professional tester
 - Tips for avoiding common pitfalls

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5

Caution

- ❑ The tools and techniques discussed and used in this course should only be used on systems you personally own, or have written permission to use.
- ❑ Some of the tools used have the potential to disrupt or break computer systems.

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6

Ethical Hacking

- What is hacking?
- What is Ethical about Hacking

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My Definition

- A hacker explores the difference between how something is supposed to work and how it really works.

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Wikipedia's Definition

- In the computer security context, a hacker is someone who seeks and exploits weaknesses in a computer system or computer network.

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9

Mindset

- Successful penetration testers look at the world through a different lens
 - They think outside the box
 - They do things differently
 - They don't look at the glass as half full or half empty, instead they look at the glass and think "If I hit the glass just right, I can crack it and drain out just what I want."

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10

Mindset (Continued)

- Successful penetration tester also need to have the following work habits
 - Methodical
 - Thorough
 - Careful
 - Ethical
- habitual note taker and documentation fiend
 - If you can't duplicate a finding, you didn't find it!

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11

Threat vs. Vulnerability vs. Risk

- Threat: Any circumstance or event with the potential to adversely impact organizational operations.
- Vulnerability: Weakness in an information system, system security procedures, internal controls, or implementation that could be exploited by a threat source.
- Risk: A measure of the extent to which an entity is threatened by a potential circumstance or event
- A risk exist when a threat actor (or agent) targets a vulnerability

Source: NIST SP 800-30 r1

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12

Threat vs. Vulnerability vs. Risk Continued

- A penetration tester:
 - identifies vulnerabilities
 - Evaluates likely threats
 - Recommends Mitigation Activities
 - Recommends corrective actions

- In other words, you don't just say you found something bad. You also have to explain why it is bad and suggest how to fix it.

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General Types of Attacks Active vs Passive

- Attacks violate CIA (Confidentiality, Integrity, or Availability).
- Active Attack
 - Manipulates or changes systems or information
 - Examples - Malware, Spear Phishing, Man-in-the-Middle
- Passive Attack
 - No manipulation or Change
 - Monitoring only
 - Example - Sniffing wireless traffic

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General Types of Attacks Internal vs External

- Internal
 - Launched from within an organization
 - Typically considered insider threat
 - Could also be a trespasser
- External
 - From the internet
 - From partners on leased lines
 - From exposed WiFi

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Penetration Testing

- Focused on finding vulnerabilities
 - Uses many of the same tools and techniques as criminals
 - Penetration Testing is a subset of Ethical Hacking
 - Penetration Testing and Ethical Hacking are often used interchangeably
 - Penetration Testing usually means going a bit further than Ethical Hacking in order to prove a system can be breached and data obtained

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16

Security Assessments

- Generally focused on identifying vulnerabilities without actually compromising systems
 - Vulnerability Scanning
 - Architectural Reviews
 - Configuration Reviews
 - Code Reviews
 - Audits

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17

Benefits of Assessments

- Unlikely to crash systems
- Staff performing these evaluations often bring different and unique skill sets to the table
- Different perspectives on the organization

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18

Why Do We Do This

- ❑ Find vulnerabilities before the “Bad” guys do
- ❑ Ensure management understands the risks in their systems
- ❑ Informs Security Operations as to what to look for in their monitoring systems
 - Security Operations is often not informed of work to test if appropriate monitoring is in place

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What To Do With Findings

- ❑ Document the findings
- ❑ From the client perspective:
 - Document issues
 - Develop action plans
 - Mitigate
- OR
- Risk Acceptance

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Types of Tests

- ❑ Infrastructure (Network)
- ❑ Web
- ❑ Dial-Up (War Driving)
- ❑ Wireless
- ❑ Social Engineering
- ❑ Physical
- ❑ Application

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Phases

- Reconnaissance
 - What technology is in use in the target environment
- Scanning
 - What vulnerabilities exist within the target environment
- Exploitation
 - Can the vulnerabilities be used

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Going to Far

- Malicious attackers go further
 - Maintaining access
 - Covert Channels
 - Exfiltrating Data
 - Covering Tracks

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Iteration and Following Hunches

- Phases are not usually this clean
- Some jumping around is to be expected
- Skilled testers often get a feel for where vulnerabilities may exist based on their experience in similar systems

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Limitations

- Penetration Testing can't find everything
 - Limited time
 - Limited scope
 - Some vulnerabilities are only exposed in specific conditions that may not exist at the time of testing
 - Testers have different strengths and weaknesses
 - Some techniques will be off-limits due to potential negative impacts on a target environment

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Limitations Known Vulnerabilities

- Tool sets only find known vulnerabilities
- Few tester have the skill set to find unknown vulnerabilities and develop custom attacks
 - Even fewer organizations want to fund this level of investigation
 - May violate terms and conditions of software or hardware licensing

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26

Public Methodologies

- A number of groups publish methodologies for testing systems for vulnerabilities
- Can be useful as guidelines for establishing how you pursue testing
- Examples:
 - Open Source Security Testing Methodology Manual (OSSTMM)
 - <http://www.isecom.org/research/osstmm.html>
 - OWASP Testing Framework
 - https://www.owasp.org/index.php/The_OWASP_Testing_Framework
 - NIST SP800-115
 - <http://nvlpubs.nist.gov/nistpubs/Legacy/SP/nistspecialpublication800-115.pdf>
 - Penetration Testing Framework
 - <http://www.pen-tests.com/penetration-testing-framework.html>
 - Penetration Testing Framework 0.59
 - <http://www.vulnerabilityassessment.co.uk/Penetration%20Test.html>

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27

Infrastructure for Penetration Testing

- ❑ Software Tools
- ❑ Hardware
- ❑ Network Infrastructure

- ❑ We will cover some basics
 - Adjust to suite need
 - Dependent on type of targets and tests

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28

Operating Systems

- ❑ Penetration Testers need to shift between multiple operating systems
- ❑ Some tools are only available on one platform
- ❑ Some tools may be available on multiple platforms, but work better (or worse) on specific platforms
- ❑ At a minimum, some Linux and Windows proficiency is needed

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Software for Testing in this Course

- ❑ Kali 2.0
 - BackTrack Reborn according to Offensive Security, the providers of Kali
 - Available at:
 - <http://www.kali.org/downloads/>
 - Kali is large (2.9G), so give yourself some time
- ❑ VMWare Player
 - Free for personal use, scroll down
 - Available at:
 - <http://www.vmware.com/products/player/>
- ❑ VMWare Workstation is available from Temple's software repository (Good for 1 year).

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30

Other Free Tools

- Many other tools are available
- A handful will be required for this class. I will cover them when we get there.
- If you go on to do penetration testing, you will likely collect a number of tools
 - Be careful
 - Research tool before downloading
 - Run them in a test environment first

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Some Sources of Tools and Exploits

- Exploit Database
 - <http://www.exploit-db.com/>
- Packet Storm
 - <http://packetstormsecurity.com/>
- Pentest-Tools
 - <https://pentest-tools.com/home>
- Security Audit Systems
 - <http://www.security-audit.com/blog/penetration-testing-tools/>

I am not endorsing these sites, just making you aware of them.

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32

Vulnerability Research

- US-CERT
 - <https://www.us-cert.gov/>
- National Vulnerability Database
 - <http://nvd.nist.gov/home.cfm>
- Mitre CVE
 - <http://cve.mitre.org/>
- Exploit Database
 - <http://www.exploit-db.com/>
- CVE Details
 - <http://www.cvedetails.com/>

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Commercial Tools

- ❑ Many commercial tools are available, for a price
- ❑ Tenable - Commercial version of Nessus
- ❑ Qualys - Vulnerability Scanner (alternative to Nessus)
- ❑ Rapid7 - Commercial Metasploit, Nexpose Vulnerability Scanner
- ❑ Core Security - Core Impact
- ❑ HP - Fortify Code Scanner

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In House Tools

- ❑ Talk to your developers
 - May have already built scripts and tools
 - May already own some commercial tools that can be leveraged

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Going Further With Labs

- ❑ Not needed for this course
- ❑ Consider building out a hardware lab
 - Free tools should be tested in a lab before using them in testing
 - Mimic what you expect to test
 - Mix up OSs
 - Does not need to be new equipment, recycle
 - Good environment to continue learning

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Machines for Testing

- Dedicated machines for conducting tests
 - Not used for normal activity
 - Do not keep any sensitive information
 - May be tied up for long periods of time doing scanning
- If you expect to do a great deal of scanning, consider a separate server dedicated to scanning

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37

Virtual Test Machines

- Host Machines
 - VMWare Player
 - VMWare Workstation
 - ESXi
 - ZEN
 - MicroSoft Virtual PC
- Guest machines may be ideal for testing
 - Can be built for test
 - Can be reset if corrupted
 - Can be deleted after testing
 - Can be duplicated if additional guests are need
- We will go over setting up VMWare for testing in week three

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ISPs

- Many ISPs monitor traffic for malicious activity
- Inform your ISP prior to starting Pen Testing
- May need to move to a business account
- May need to "negotiate" with the ISP

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Cloud

- ❑ Cloud can be very effective for replicating Distributed Denial of Service attacks
- ❑ Will require permission from cloud provider or your account may be closed
- ❑ Cloud providers are reluctant to host Penetration Testing activities
- ❑ May be possible after some negotiations

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40

Ruby

- ❑ We will be working through Ruby scripting during the semester
- ❑ If you use a Mac or Linux, you are good to go
- ❑ For Windows, go to
 - <https://www.ruby-lang.org/en/>
- ❑ Follow prompts to install Ruby

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41

Next Week

- ❑ Quiz over the weekend
- ❑ TCP/IP and Network Architecture
- ❑ Google Hacking

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42


