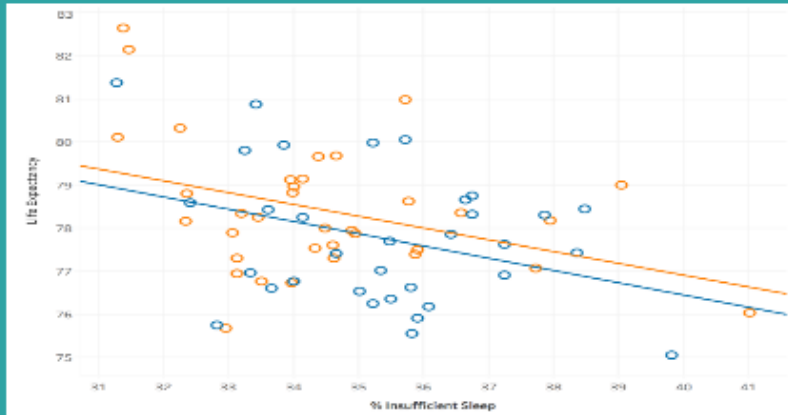


INSUFFICIENT SLEEP

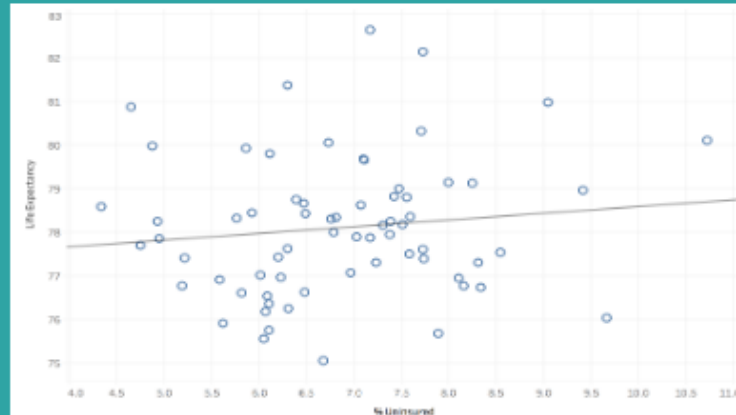


Insufficient Sleep VS Life Expectancy



As insufficient sleep increase, life expectancy decreases among both insured and uninsured.

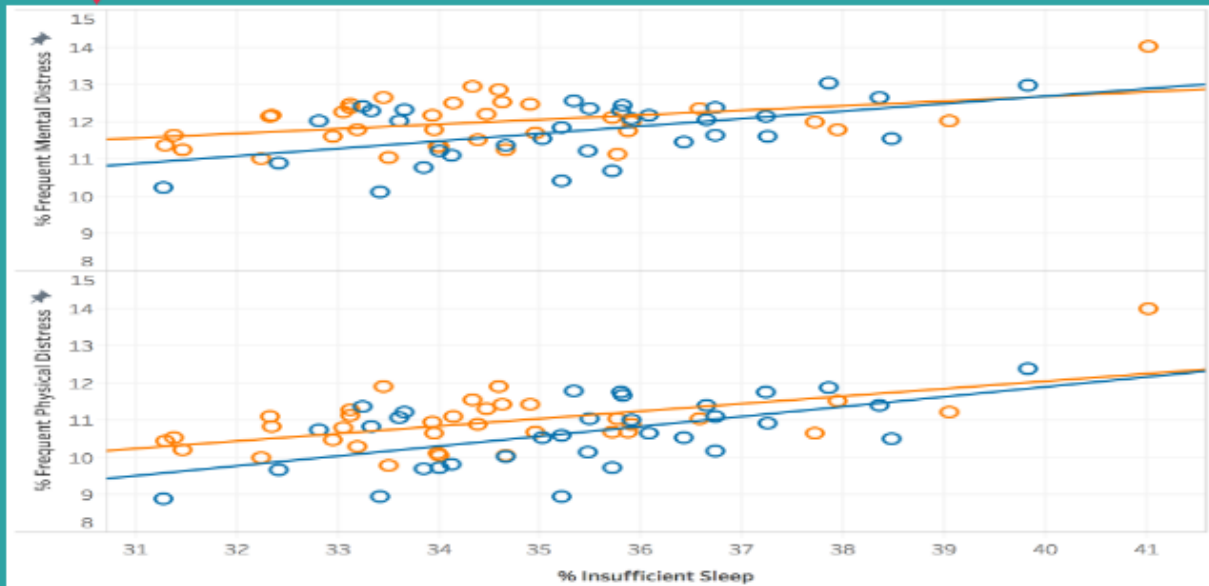
% Uninsured VS Life Expectancy



While not statistically significant, there is a positive relationship b/w % uninsured and life expectancy



Mental/ Physical Distress VS Insufficient Sleep



As insufficient sleep increased, frequent mental and physical distress increase as well. Counties with higher uninsured rates had higher physical and mental distress, than similar counties with lower uninsured rates.



Trends/Big Takeaways:

Physical Distress

Mental Distress

Life Expectancy

Insurance



There is a strong correlation between lack of sleep and mental/physical distress.

There is a statistically not a relevant relationship/correlation between higher un-insurance and longer life expectancy.