Sonam Rota

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**EDUCATION**

* *Temple University, Fox School of Business and Management*, Philadelphia, PA. ***Graduation, May 2019***
* *Saint Leo University, Tampa, Florida*
* *Lincoln School, Kathmandu, Nepal* ***Graduation, May 2015***

**SKILLS**

* Proficient in the Microsoft Office Package: Word, PowerPoint and Excel.
* Experienced in Physical Training
* Languages: Nepali (native), Tibetan (native), Hindu (Understand)

**EXPERIENCE**

* **Aries Fitness Apparel *January 2015 – May 2015***

**-**Communicated and took orders from customers

**-**In charge of designing the E-Commerce page

* ***Volunteered at Machik Weekend, New York City***  ***November 2015- December 2015***

-Provided as a Technical Assistant/Worker

-Helped with Physical Labor

-Front Desk support

* **Spartan Platinum Fitness June 2016- August 2016**

-Supervised the gym and provided front desk support

-Helped organize Zumba classes with the instructors

* **Temple Law Jury Dynamics  *November 11 to November 13, 2016***

-Participated in a mock trial

-Critiqued students trial performance and provided vital feedback on techniques in trial advocacy

* **Patterson Flynn Martin *May 16 to June 4, 2017***

-Helped organize the stock pile

-Created samples of carpets

- Worked in the shipping department